

Sunrise with Jesus - August 6

August, September, October
Every Wednesday at 7:30am
followed by Mass at 8:00am
Church of the Ascension
12033 Miller Ave, Saratoga.

Dedicate 30 minutes a week
to learn more about **Prayer**
in the **Scriptures**,
in the **Spiritual** tradition, and
in the lives of the **Saints**.



In our hearts, there is a yearning to connect with God, as demonstrated by the disciples of Jesus, who asked, "Lord, teach us how to pray."

Learn to find rest in the Lord who said, "Come to me, all you who labor and are burdened, and I will give you rest."