

Lenten Schedule

ASH WEDNESDAY – February 18, 2026

Masses with Ash Distribution

8:00 am; 7:00 pm

EVERY FRIDAY

Stations of the Cross

8:30 am (after the 8:00 am Mass)

First Friday

3:00 pm Divine Mercy Devotion

(with the Eucharistic Adoration & Confessions)

Lenten Practices

-*Abstaining from meat* on Ash Wednesday and Fridays.

-*Fasting* on Ash Wednesday and Good Friday (eat one simple meal a day).

-*Almsgiving* (give to a charity). Faith Formation children participate in Catholic Relief Services' Rice Bowl in response to families experiencing hunger around the world.

-*Stations of the Cross*: Fridays after the 8am Mass.

Pope Leo XIV:

"I would like to invite you to a very practical and frequently unappreciated form of abstinence: that of refraining from words that offend and hurt our neighbor."